



Chlorhexidine (Hibiclens) Vaginal Flush Protocol

Candidates:

GBS positive women in labor or with ruptured membranes who have declined transfer of care for IV antibiotic prophylaxis.

Treatment:

140 cc of 0.2% chlorhexidine vaginal wash at the onset of labor or at rupture of membranes, whichever comes first, repeated every six hours, and done shortly before birth if possible.

Method:

- Prepare the 0.2% chlorhexidine solution by combining ~ 7 cc (1-1/2 teaspoon)
- Hibiclens (4% chlorhexidine solution) with ~133 cc (1/2 cup plus 2 teaspoons) water.
- Assist the client to a supine or sitting position with hips slightly elevated.
- Use the entire amount for each flush.
- Mix a fresh batch for every application.
- Slowly instill the solution into the vagina under gentle pressure using a peribottle.
- Begin at onset of labor or ROM and repeat every six hours and before delivery.
- A woman may self administer the vaginal flush, and her spouse/partner may assist as well.